

ALLARA TRIPS 2019

To avoid disappointment make a note of these dates then watch for further details nearer the time of each trip

September 12

Denbies Winery

Tour of the winery with free tasting
Free time in Guildford
£27.00 - Pay August meeting
MKS - 08.30
Organiser - Rosemary

October 10

Eltham Palace

Two course carvery - £8.50
Coach £12.50
Palace entry £12.00
(English Heritage members free)
Total: Members £21.00
Non members £33.00
Names taken at this meeting
Organiser - Marilyn

Possible Outing Reminder

Rosemary is considering an outing in January or February to the Dog and Duck, Plucks Gutter for a meal and entertainment. Due to popular demand, this has to be booked well in advance, so if you are interested please register your name with her at this meeting.

Ramblers

The figure of Arethusa, a sea goddess, featured at Upnor on last months ramble, reflects the ancient belief that a naked lady on board could calm a stormy sea. This is why a bare breasted woman figurehead was often on the prow of a ship, and her open eyes guided the vessel to safety.

There you see, our rambles are educational as well as constitutional Come and join us! C.L.

August Walk Trottscliffe

13 walkers arrived at The George car park ready for our walk to the bottom of the North Downs and taking in the Coldrum Long Barrow.

Three of the group took a shorter walk in the Country Park and the rest set off under a threatening sky with most of us in waterproofs. We followed a footpath alongside the Pilgrims Way and up until now had very little rain, but when it did we were in the shelter of the trees. In fields beside the path were goats grazing and we think that this is to manage the land on the steep slopes. After a while, you come to a footpath alongside farm land with far reaching views towards Snodland, West Malling and further round over the Weald. Following the path we came to the Coldrum Stones, originally thought to be a small stone circle but then found to be a rectangular communal tomb or Long Barrow burial site. When the area was excavated, they found the remains of 22 men, women and children and scientific tests found they were all likely to have been closely related.

Leaving this site, we started our return, and it was this part of the walk when we were most exposed to the weather as it was when it decided to rain the hardest. But on we tramped past the church with the square flint wall and on to our starting point to meet with the others; suitably wet but ready for lunch at The George. To sum up, a lovely walk. Shame about the weather. *Roly*

Kurling

July Session 1

Katie, Pam, Brian W. - Score: 157

July Session 2

Barbara, Colin (2 players) - Score: 103
Roger is currently our top scorer with 5 wins.

Allara News



THE NEWSLETTER OF ALLINGTON ACTIVE RETIREMENT ASSOCIATION

August 2019 Email allaranews@aol.com Chapter 3 Issue 150

*** Our Website - allara.org.uk

150 Not Out - So Far!

This is the 150th edition of our newsletter which was launched by John Foster back in 2001 with 5 issues published per year. In 2004 the output was increased to alternate month publication and in September 2012 I took over as Editor and elected to publish a copy every month in colour depending on your vital input. I would be happy to receive your comments on the content of Allara News Can it be improved? *Ed.*



Henry V111

What an entertaining speaker we had with Tony Harris in full regalia as our King of the Head Choppers.

I was also impressed with the historical knowledge that some of our members displayed when questioned about the order of succession in Our 'Enery's team of 6 wives. He could have gone on to form a female football team. Wonder if Boris is related in some way ? In spite of weighing 28 stone with a 52" waist, Henry still lived to the age of 55, ten years longer than the average at that time

Definitions

Dilemma: A politician trying to save both his faces at once.

A Bargain: Something you can't use at a price you can't resist.

Fish & Chip Lunch

Thursday 14th November 12.30pm for 1pm
St Nicholas Church Main Hall
Just 50p to secure your "plaice" (or seat)
Maximum 120 so book early
(No further charge for members)
"Watch this Space"
Organiser - Gerry

An Allara Day Out

We set off from Allington on a sunny morning and our driver Mark said we would be in Woodbridge Suffolk at about 10.30am for our coffee stop. We had an hour here before we set off again for our lunch at a pub called The Black Tiles. Our meal was pre-ordered and it was brought out very promptly as we had a boat to catch. Mark then took us down to Waldringfield Quay to get aboard the boat, which took us along the river Deben to Felixstowe. While we were aboard we had a very nice cream tea. We saw many yachts moored up and there was one called Maid Marion which was one of the little boats that went over to Dunkirk. It was a lovely day and we have Marilyn to thank for it. *Kathy Ribeiro*

Philosophies?

What was the best thing before sliced bread?
How is it possible to have a civil war?

Why is there an expiration date on sour cream?

Would a fly without wings be called a walk?

ALLARA COMMITTEE MEMBERS

Chair: Philip Puttifer 686305
Vice Chair: Jo Dolton 762665
Hon. Sec.: Myra Farrer 756475
Treasurer: Gerry Waters 671691
Membership Sec.: Hilary Susans 661464
Outings: Marilyn Bateup 750480
Theatre/Shows: Rosemary Welcome 736017
Holidays: Philip Puttifer 686305
Kentara: Jo Dolton 762665
Newsletter: Colin Lester 717511
Speakers: Diane Lefevre 756326
General Asst. Rosemary Kitney
Kathy Ribiero
Meet & Greet: Betty Douglas 753424

INFORMATION

Meetings are held on the 3rd Tuesday of the month from 2pm to 4pm
Monthly Meeting
There were 102 members + 2 new members & 3 visitors attending the July meeting
Suggestion Box
Turner Gallery Margate - Warpole for tea.
Dymchurch Railway - Pilot for lunch.
Boat trip on the Thames
Southend. Up Pier on Train or Walk. HA!
West Minster Abbey & House of Parliament
London Lights. Fish & Chips.
Sylvia Haydon

SPEAKER PROGRAMME

August 20
Melanie Gibson-Barton
The Life and Times of Edith Cavell

September 17
Keith Simmons
Name Dropping 50 Years in Showbusiness

Allara Activities

Tai Chi

Every Monday 11.30 to 12.30 - £4
Contact: Christine 677629

Keep Fit

Every Wednesday 10.30 to 11.30 - £3
Contact: Myra 756475

Art Group

Every Monday 1.30 to 4.00 - £2.50
Contact Megan Christmas 759426

Rambling

1st Monday in month 10.00 - FOC
Contact: Roly 677629

Kurling

2nd & 4th Monday s in month
1.45 to 4.30 - £2.50
(Inc. Tea/coffee & cake)
Contact: Philip 686305 or Colin 717511

Kentara Activities

Ten Pin Bowling

Last Friday in month 11 to 2 - £6.25
(3 games & tea or coffee)
Contact: Brian 759796

Line Dancing

Every Monday
Beginners 12.45 to 1.45 - £3
Advanced 2 to 4 - £3.50

Kentara Diary Dates

October 25
Annual Supper & Race Night
Ditton Community Centre 7pm start
£9 including Ploughmans Supper
December 5
Kentara Christmas Concert
Ditton Community Centre

Allara First Aider

Audrey Boston 695466

Kent Community Warden Service

Dawn Riach-Browne 0777 3397125

The Good Old Days

Back in the days of tanners and bobs,
When mothers had patience and fathers
had jobs
When football team families wore hand
me down shoes,
And TV gave only two channels to choose.

Back in the days of three penny bits,
When schools employed nurses to search
for your nits.
When snowballs were harmless; ice slides
were permitted
And all of your jumpers were warm and
hand knitted.

Back in the days of hot ginger beers,
When children remained so for more than
six years.
When children respected what older folks
said,
And pot was a thing you kept under your
bed

Back in the days of Listen With Mother,
When neighbours were friendly and
talked to each other.
When cars were so rare you could play
in the street.
When Doctors made house calls and
Police walked the beat.

Back in the days of Milligan's Goons,
When butter was butter and songs all had
tunes.
It was dumplings for dinner and trifle for
tea,
And your annual break was a day by the
sea.

Back in the days of Dixon's Dock Green,
Crackerjack pens and Lyons ice cream.
When children could freely wear National
Health glasses,
And teachers all stood at the **front** of their
classes.

Back in the days of rocking and reeling,
And mobiles were things that you hung
from the ceiling.
When woodwork and pottery got taught
in the schools,
And everyone dreamed of a win on the
pools.

Back in the days when I was a lad,
I can't help but smile for the fun that I had,
Hopscotch and roller skates; snowballs to
lob,
Back in the days of tanners and bobs.
David Filmer

Theatre Programmes

Are you or anyone you know interested
in old and not so old theatre programmes?
I can no longer accommodate them. Some
of them are really lovely, including
'Starlight Express', 'Barnham', 'Cats',
'The Lion King' and some old comedy
ones with Bob Monkhouse and Frankie
Howard. That's just a few.
Just ring; 01622 678833. *Barbara*
Barbara says she is not selling, just want
to give them a good 'home' *Ed*

"My old man knew the exact date he was
going to die. He got the year and the day
of the week right and everything. Even the
time of day".
"Wow that's incredible. How on earth did
he know all of that?"
"A judge told him!"

I went to a bookstore and asked the
saleswoman 'Where's the self-help section?'
She said if she told me it would defeat the
purpose.

If you spin an oriental man in a circle three
times does he become disoriented?

Atheism is a non-prophet organisation.